

# Harmony Area School District

## March 2024 Lunch Menu

Peanut Butter & Jelly Sandwich w/cheese stick available daily as Entrée.

\*Menu subject to change without notice\*

Milk: 1% unflavored, fat free chocolate or fat free strawberry

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

					1 Stromboli w/dip Shrimp poppers w/roll Assorted Veggies w/dip Apple Milk
					
4 Chicken Patty w/roll Smiley Fries roast carrots or peas Mixed Fruit/Apple, Milk	5 Burger on wg roll Baked Beans/Spiral Fries Mixed Vegetables Apple/Banana Milk	6 Grilled Chicken Breast Fillet on wg roll Oven Fries/ Tossed Salad Apple/Grapes Milk	7 Meatball Hoagie Tater Tots/Green Beans Apple/Mixed Fruit Milk	8 French Bread Pizza Or Fish Sticks w/roll Assorted Veggies w/dip Apple/Banana Milk	
11 Hamburger w/roll Spiral Fries BBQ Baked Beans Apple/Banana Milk	12 Hot Ham & Cheese Sandwich Tater Tots/Peas Applesauce, Milk	13 Hot Turkey or Ham sandwich Tossed Salad/fresh carrots Apple/Mandarin Oranges Milk	14 Chicken Tenders wg Dinner Roll Smiley Fries, Peas Strawberry Cup Milk	15 Round Pizza or Shrimp Poppers Assorted Veggies w/dip Grapes/Apples Milk	
18 Hot Dog w wg roll Waffle Fries Baked Beans Milk	19 BBQ or plain Pulled Pork Plain or Pretzel Roll, Tater Tots, Peas Mixed Fruit , Milk	20 Hamburger on wg roll Steak Fries Tossed Salad Orange Quarters Milk	21 Ham, Scalloped Potatoes Dinner Roll, Sweet Potatoes, Green Beans, Applesauce Milk	22 Stuffed Crust Pizza OR Fish Sticks w/roll Assorted Veggies w/dip Apple, Milk	
25 Bacon Cheese Burger, Roll, Tater Tots Buttered Carrots Pears, Milk	26 Walking Taco Corn chips, meat sauce, lettuce, tomato, cheese, salsa, sourcream Black Beans Smiley Fries Applesauce, Milk	27 'KFC Bowl' Mashed potatoes, gravy, cheese, Corn, Dinner Roll Peaches, Milk	28 Chicken Hoagie Plain or BBQ Broccoli Fruit Salad Milk	29 <b>No School</b>	

Weekly  
Munchable  
Extra  
Entree

Ham &  
Cheese

Quesadilla

Pizza

Patty Melt

Turkey &  
Cheese

Toasted  
Cheese

Pizza

Hot Dog








# Harmony Area School District

## March 2024 Breakfast Menu

Menu subject to change without notice

Milk: 1% unflavored or fat free chocolate



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Muffin, Cereal or wg Toast Fresh Fruit or Juice Milk
4 Cereal Bars, Cereal or wg Toast Fresh Fruit or Juice Milk	5 Funnel Cakes, Cereal or wg Toast Fresh Fruit or Juice Milk	6 Wg French Toast Sticks, Cereal or wg Toast Fresh Fruit or Juice Milk	7 Cook's Choice, Cereal or wg Toast Fresh Fruit or Juice Milk	8 HS/MS: Yogurt Parfait Elem: Yogurt & Toast, Cereal or wg Toast Fresh Fruit or Juice Milk
11 Cereal Bar, Cereal or wg Toast Fresh Fruit or Juice, Milk	12 Combo Breakfast Bar on wg toast, Cereal or wg Toast Fresh Fruit or Juice Milk	13 Egg Scramble on wg Toast, Cereal or wg Toast Fresh Fruit or Juice Milk	14 Mini Waffles, Cereal or wg Toast Fresh Fruit or Juice Milk	15 Muffin, Cereal or wg Toast Fresh Fruit or Juice Milk
18 Apple Frudel,  Cereal or wg Toast Fresh Fruit or Juice Milk	19 Breakfast Pizza, Cereal or wg Toast Fresh Fruit or Juice Milk	20 Egg Patty on wg toast, Cereal, or wg Toast Fresh Fruit or Juice Milk	21 Muffin, Cereal or wg Toast Fresh Fruit or Juice Milk	22 HS/MS: Yogurt Parfait, Elem: Yogurt & Toast, Cereal or wg Toast Fresh Fruit or Juice Milk
25 Pop Tart, Cereal or wg Toast Fresh Fruit or Juice Milk	26 French Toast Sticks w/syrup, Cereal or wg Toast Fresh Fruit or Juice Milk	27 Combo Bar w/wg toast Cereal or wg Toast Fresh Fruit or Juice Milk	28 Bagel w/cream cheese, Cereal or wg Toast Fresh Fruit or Juice Milk	29 No School